

## Optional Units: Group C

The following units are just a selection of the available units

- Support individuals to undertake and monitor their own healthcare
- Meet food safety requirements when providing food and drink for individuals
- Support individuals undergoing healthcare activities
- Contribute to supporting group care activities
- Obtain and test capillary blood samples
- Obtain and test specimens from individuals
- Contribute to the care of a deceased person
- Contribute to the identification of the risk of danger to individuals and others
- Administer medication to individuals and monitor the effects
- Support individuals eat and drink
- Support individuals who are distressed
- Help address the physical comfort needs of individuals
- Undertake agreed pressure area care

## Progression

Some candidates may choose, or be encouraged; to progress to the level 5 in Leadership and Management in Health and Social Care which replaces the NVQ Level 4 in Leadership and Management for Care. In addition candidates may also be also interested in other work-related areas, for example: Customer Service, Business Administration, IT.

## Contact Us

Please contact our business development team on  
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# Health and Social Care QCF Level 3 Diploma

Helping your staff deliver excellence in  
health and social care

# Health & Social Care

## QCF Level 3 Diploma

### Helping your staff deliver excellence in health and social care

These qualifications are designed for staff working at supervisory levels and for first line managers in a health and social care setting. They are intended to develop staff that manage their own resources and provide leadership, as well as being in charge of allocating and monitoring the progress and quality of work in their area of responsibility.

The courses are suitable for full-time or part-time workers and for those who work different shift patterns, including day and night shifts. They are appropriate for workers employed within the NHS or by independent health care providers.

#### Delivery and Cost

The course can be delivered on your premises and at a time to suit your business, with workshops and assessments usually held every two weeks for the duration of the qualification. Candidates must complete the course within six to eight months.

In many cases we can help with funding for the course. Please contact our Business Development team and we will be more than happy to discuss delivery times, customising the course and costs.

#### Course Content

This is a very flexible qualification which can be tailored to meet the needs of a range of roles. Learners must achieve a minimum of 58 credits to gain the level 3 Diploma in Health and Social Care. To do this they must achieve:

- 28 credits from the mandatory units in group A
- A minimum of 2 credits and a maximum of 7 credits from the optional units in group B
- At least 23 credits from the optional units in group C

Learners claiming a specialist pathway (Dementia, or adults with learning disabilities) must achieve some specified units within the credits required in group B and C. All units will be assessed in accordance with Skills for Care and development QCF assessment principles and regulatory arrangements for the Qualifications and Credit Framework.

There are **3 different pathways** to choose from within the QCF Health and Social Care which are as follows

- Generic qualification – All mandatory units must be achieved plus a minimum of 2 optional credits.
- Dementia Care – In addition to the mandatory units candidates must complete Dementia Awareness unit.
- Learning Disability – In addition to the mandatory unit candidates must complete the unit; Understand the context of supporting an individual with learning disabilities.

#### Mandatory Units: Group A

- Principles of safeguarding and protection in Health and Social Care
- The role of the Health and Care Worker
- Introduction to communication in Health and Social Care
- Introduction to personal development in Health and Social Care
- Introduction to equality and inclusion in Health and Social Care
- Introduction to duty of care in Health and Social Care
- Implement person centred approaches in Health and Social Care
- Contribute to health and safety in Health and Social Care
- Handle information in Health and Social Care settings

#### Optional Units: Group B

The following units are just a selection of the available units

- Purpose and principles of independent advocacy
- Understand mental well-being and mental health promotion
- Understanding mental health problems
- Dementia Awareness
- The principles of infection prevention and control
- Cleaning, decontamination and waste management
- Understanding physical disability