

Education Wellbeing Service Webinar

Parenting Teenagers With Characteristics of ADHD

Parenting a young person with characteristics of ADHD, with or without a diagnosis, is often a journey filled with highs and lows. This session offers parents a chance to explore the challenges and the joys with lots of practical tips to make your ADHD parenting journey as smooth as it can be.



DATE / TIME

Monday 11th March 7.30-8.30pm

Wednesday 13th March 12.30-1.30pm

LOCATION

Online - Hosted on Teams

Sign up to this event for free on Eventbrite (and check out our others!) by scanning the QR Code or following the link below:

[CLICK HERE to book](#)

