

COVID-19 Risk factors

Extremely High Risk

The NHS have identified that people at extremely high risk of severe illness from coronavirus infection include those who

Have had an solid organ transplant	
Are having chemotherapy or antibody treatment for cancer, including immunotherapy (only if specific to cancer treatment)	
Are having an intense course of radiotherapy (radical radiotherapy) for lung cancer	
Are having targeted cancer treatments that can affect the immune system (such as protein kinase inhibitors or PARP inhibitors)	
Have blood or bone marrow cancer (such as leukaemia, lymphoma or myeloma)	
Have had a bone marrow or stem cell transplant in the past 6 months, or are still taking immunosuppressant medicine	
Have been told by a doctor they have a severe lung condition (such as cystic fibrosis, severe asthma* or severe COPD.	
Have a condition that means they have a very high risk of getting infections (such as SCID or sickle cell)	
Are taking medicine that makes them much more likely to get infections (such as high doses of steroids or immunosuppressant medicine)	
Have a serious heart condition and are pregnant	
If any of these apply to you, we advise you not to attend College.	
If any of these apply to a person you share your home with we advise you to seek advice from a health professional to identify any safety measures that you should take at home before you attend college.	

High Risk

The NHS have determined that people at high risk of illness from coronavirus infection include those who

Have asthma AND are taking certain extra controller medicines as well as a preventative inhaler AND you are taking continuous or frequent oral steroids	
Are taking a biologic therapy for severe asthma	
Are a Pregnant woman (> 28 weeks) as per existing PHE guidance	
Have severe disease affecting any organ or body system	
Are aged more than 70	
If any of these apply to you, we advise you only to attend College once you have had advice from a health professional and have established any extra safety measures that you may need to take.	
If any of these apply to a person you share your home with, you should check with a health professional if there are further measures that you should take at home before you attend college.	

Increased Risk

We have used the following factors to assess the risk to each of our staff and to help us put in place extra safety measures for those staff at higher risk.

You may want to also use these factors to see if you are at a higher risk and you need to plan some additional safety measures for yourself. The factors may not be definitive and should only be seen as a guide to help you think about any additional risks to you.

Risk factor	
Covid-19 seems to have a bigger impact on people who are older Age 50+	
Covid-19 seems to have a bigger impact on males than females Gender at birth - Male	
Existing Health conditions (Comorbidity) – Covid-19 seems to have a bigger impact on people who already have other pre-existing health conditions:	
On any treatment for Hypertension (high blood pressure), Atrial Fibrillation (Irregular heart rate), Heart Failure, 1 Previous MI (had a heart attack), had a stroke, or Transient Ischemic Attack (mini stroke)	
Diabetes Mellitus Type 1 or 2	
Chronic pulmonary disease (including asthma, COPD, interstitial lung disease)	
Chronic kidney disease (any stage 3a-5)	
Sickle cell/Thalassaemia trait or other haemoglobinopathies	
Obesity – Covid-19 seems to have a bigger impact on those who are overweight This link https://www.nhs.uk/live-well/healthy-weight/bmi-calculator/ will help you work out your BMI If your BMI is more than 30 OR if your BMI is more than 40 OR if your waist circumference is: <ul style="list-style-type: none"> • South Asian Female more than 33 inches (84cm); Other BAME or white Female more than 34.5 inches (88cm) • South Asian Male more than 35 inches (89cm); Other BAME or white Male more than 40 inches (102cm) 	
Ethnicity – Covid-19 seems to have a bigger impact on people from some ethnicities Chinese, Indian, Pakistani, Bangladeshi, Black African, Black Afro-Caribbean Other BAME or Mixed race	
Covid-19 seems to have a family susceptibility for some people, especially twins Has any member of your immediate family died of or in ITU from Covid19	
If two or more of these factors of these apply to you or a person you share your home with, we advise you to should check with a health professional to see if there are further measures that you should take before you attend college.	