SKC ACTIVE

Monday

Volleyball Multi-sports* Football Sports Hall Sports Hall Sports Hall 12.30pm to 1.15pm 4pm to 4.45pm 5pm to 5.45pm

Tuesday

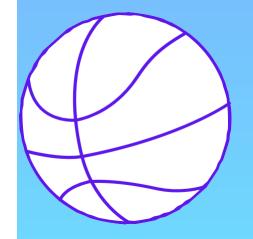
Basketball Trampolining Volleyball Sports Hall Sports Hall Sports Hall 12.30pm to 1.15pm 5pm to 5.45pm 5pm to 5.45pm

Wednesday

Badminton Boxercise

Sports Hall Studio 12.30pm to 1.15pm 12.30pm to 1.15pm







Thursday

Table Tennis Basketball Badminton Sports Hall Sports Hall Sports Hall 12.30pm to 1.15pm 5pm to 5.45pm 5pm to 5.45pm

Friday

Multi-sports*

Sports Hall

12.30pm to 1.15pm

* Choice of Badminton, Basketball and Table Tennis





